

Recipes that are all a dog's dinner

MOVE over Jamie Oliver, because the latest must-have cookbook is a glossy 96-page collection of recipes ... for dogs.

Meals include paw-lickin' pizzas, Fido's own fast-food section and the ever popular doggy ice-cream.

Some of the dishes – such as the tempting beef and black bean stew – are even crafted for humans and dogs to woof down together.

Kennel owner-turned-author Marjorie Walsh was inspired to become a canine cook after being

BY JO STEELE

disappointed by the poor quality of ingredients found in canned pet food.

She said: 'I was dismayed by the by-products and derivatives to be found in commercial pet food, so I decided to improve the diet of our bull terriers by basing their food on what we eat.'

'I made sure it was nutritionally balanced to the established guidelines for dogs. As a result of recipes

containing fresh meat, fish, eggs, cereal and vegetables, our dogs have developed better coats, more energy and a better digestive system.'

Mrs Walsh, who runs an elite dog resort in Whitecroft, near Worcester, said the recipes were designed to be served as an occasional treat for pets rather than a permanent diet.

Other dishes in *Cooking For Dogs*, priced £7.99, include salmon stroganoff, cheesy beef bites and braised squash with green lentils.

BROADBAND REQUIRED*

Unlimited UK and FREE international CALLS up to 25 countries FROM ONLY £5.99⁺/MONTH



So you've got broadband? Want inexpensive phone calls through your landline too? Then get Vonage.

Take your pick from our three international call plans offering unlimited UK landline and FREE international calls. Prices start from only £5.99 up to £9.99 for our top call plan which includes FREE calls to 25 countries! All call plans come with a fantastic range of useful call features too.

It takes seconds to 'bolt on' to your existing broadband, you use your phone as you always have and the reception is crystal clear.

So got broadband? Then get Vonage.

Call: **0800 804 8996**

Text: **VONAGE1** to 84118 for a call back

Online: www.vonage.co.uk/vplan

Available at:



Vonage™

Vonage® and Vonage the Broadband Phone Company® are registered trademarks of Vonage Holdings Corp. *UK landline numbers starting with 01, 02 and 03. †V-Plan 1 is £5.99 for the first 6 months thereafter £7.99. Calls to the USA and Canada include landline and mobile calls, all other countries landline only. For new subscribers only. Phone not included. Ethernet modem or cable connection required. Product featured subject to availability. Set up costs of up to £18.98 can apply. Please visit www.vonage.co.uk for service terms and conditions and for the full list of free international countries. Standard text rates apply.

AMAZING CHRISTMAS CHARITY AUCTION

IN AID OF CHILDREN IN AFRICA



Bid for more than 100 exclusive opportunities

See today's

Evening Standard

KNOW WHAT LONDON'S THINKING

ONLINE METRO.co.uk
MORE MUSIC

- Listen to new bands
- See the latest videos
- Add your gig reviews



MORE FILM

- Watch film trailers
- Latest film news
- Red carpet gossip

MORE CHOICE



- West End ticket offers
- Restaurant offers

All at metro.co.uk/metrolife

ONLINE METRO.co.uk

CRISIS

Over 2,000 homeless people need a place to go this Christmas. We urgently need your help.

Many homeless people dread Christmas. Whilst everyone is spending time with their families, they're left lonely and isolated with little hope for the new year.

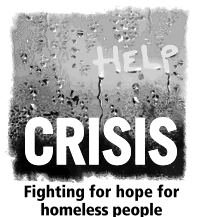


They're counting on Crisis to open their doors this Christmas. Every year, we provide food and shelter at special centres for eight days over Christmas. We desperately need to do the same this year.

During their stay, people can also take advantage of our life-changing services. Professionals, from doctors to housing officers, give up their Christmas to help homeless people find a route out of homelessness in the new year.

But we can't afford to run these invaluable services without support from people like you.

The Crisis Promise: We will not put your donation in the 'general pot' but use it to fund Crisis Open Christmas only.



Registered Charity No. 1082947. Company No. 4024938.

Make a donation and change a life

www.crisis.org.uk

08000 38 48 38

Crisis, Freepost LON18843, London E1 6BR.